

CORPORATE COUNSEL CPD/CLE WEBINAR SERIES: BUILDING PERSONAL AND PROFESSIONAL RESILIENCE FOR EVERYONE

Posted on October 28, 2020

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October 28, 2020

12:30 pm - 1:30 pm ET

View the recorded webinar [here](#).

In the wake of this global pandemic, building personal and professional resilience is (or should be) at the top of your “to-do” list. Despite the uncertainty, disruption to working norms, and justifiably higher levels of stress, legal professionals are being called on to present a calm front and carry on business as usual. Behind the scenes, it is imperative to recognize the significant emotional toll, step-up, and take care to ensure everyone (including you) feels acknowledged, respected, and supported.

Join us on **Wednesday, October 28th**, as Joanne Schaefer, a former practicing lawyer and well-being coach and consultant, shares strategies to build resilience, demonstrate empathy, and create a psychologically safe and supportive working environment for all.

Ontario: This program has been accredited by the Law Society of Ontario for **60 minutes EDI Professionalism credit**.

BC: This program contains **60 minutes of Practice Management**.

Quebec: This program is pending approval for CLE from the Quebec Bar.

Other Jurisdictions: Please contact us at events@mcmillan.ca.

